



the
True Princess

Define the person you want your child to become as an adult. What traits and characteristics do you value?

Pick one of those traits and expand on it. How would that characteristic manifest itself? If for example, you want your child to be “caring,” what would that look like in the real adult world? How would you measure that someone is a caring person? It is important to be clear about this if you are going to provide the environment, activities and opportunities for your child to learn to be a caring person. If you say that a caring person puts others before themselves, what would that look like? Then, what will you do to create opportunities for your child to learn and be rewarded for his actions of being caring?

Take one characteristic at a time that you wish to be embodied in your child and spend time really exploring it through this activity ONE AT A TIME. Raising your child is the most important job you will have in your lifetime. What you do or don't do will play forward to generations to come. You have the opportunity to do a better job than generations before you. You can impact the planet on a huge scale, one person at a time. And as your children manifest what they've become, they will impact everyone they come in contact with. And it started with you making the decision to parent on purpose, with intention.