

# the True Princess



## HAPPY PAGE

Quick, without thinking, write down as many things as you can that make you happy.

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Put a star  next to the things that make you the **MOST** happy!!!!

Tell why those things make you happy.

What do you do that makes your mother happy?

What do you do that makes your father happy?

What do you do that makes your brother/sister happy?

How can you tell when someone is happy?

Does "happy" show differently on different people in your family?

How do you feel when other people are happy?

Is it important to be happy all the time? Why or why not?

Draw a picture of you and your family doing something that makes you all happy. Share this with your family and tell them how you feel about it. Write us back on what they said.